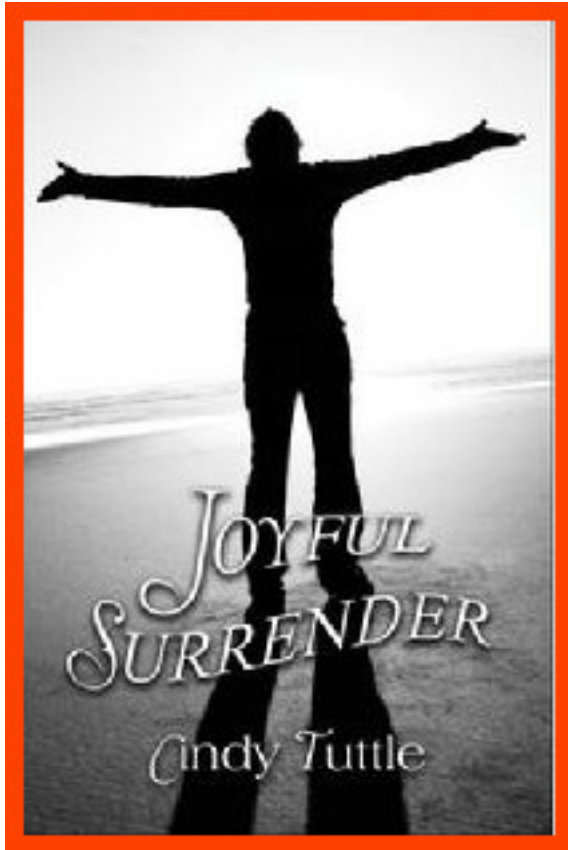


[Joyful Surrender](#) Book In Review by [Books In Sync](#)



“Finding Her Own Spiritual Pathway

Associated Content writer and author [Cindy Tuttle](#) brings great emotion to her story in "Joyful Surrender." Her nonfiction work lays out for the reader her spiritual journey, and how she created her own path to a sense of happiness and peace. Where organized religious orders could not fulfill her calling, Cindy embarked on a quest that continues, yet follows her own heart.

Not only has she created a step-by-step spiritual pathway for herself, she shares her inspirational techniques with others. While it has adopted some familiar religious rituals to mark the stepping stones along the way (and celebrate her achievements and readiness for the next level), most of the pathway is filled with the same challenges we all face in trying to be better people, living in accordance with our beliefs and morals. That is to say, readers don't necessarily have to subscribe to an organized religion (or even the same beliefs as Cindy, which for her are the Catholic faith and a belief in Jesus) to benefit from

["Joyful Surrender."](#)

Laying out her own journey for others to follow, Cindy divides the path into three clear steps: Seeker, Follower, and Sister or Brother of Jesus, which she uses for the final religious commitment as a lay person. Although she repeatedly explored joining an already established religious order and becoming a nun, in the end, she decided that she could make her own commitment as a lay person by finding her own religious community, embracing the help of a spiritual advisor, and leading others (with dance and music) to a closer relationship to God.

In "Joyful Surrender," Cindy boldly exposes her painful childhood, lays out her challenging work life (with those who face mental illness), and even shows her own questioning of her religious beliefs. That is to say, she presents a realistic portrayal of what challenges lay ahead on a road to seeking a sincere spiritual life. Yet she aptly conveys the joy and positive contribution her religious quest brings, and describes well how she is able to integrate religious principles with her own work in the world.

Most important, in telling her story and struggles with pain, she is able to find the missing element in her life, a relationship with God that glorifies her own life as a spiritual person. Unlike many who seek to share their advice with others, Cindy Tuttle walks the walk, not just talks the talk of making life better. For anyone seeking guidance and support on their own

spiritual quest, "Joyful Surrender" will clearly illuminate just why the struggle and commitment to God is a worthy pursuit."

5 Stars - Amazon

Review by Christine Zibas (Chicagoland, USA)

March 1, 2010

Womensselfesteem.com's review of JOYFUL SURRENDER

"Joyful Surrender is a very well written memoir about a women who spent years of her life in search of fulfilling her Spiritual Quest. Her Quest was one initiated through her own innate desire to commit to God. Cindy Tuttle shares with her readers her Spiritual Journey and what seemed to be an exhausting and almost never ending road to what she felt to be her natural path in her life. This book reaches out to its readers through inspirational and Spiritual focus which offers a new and creative way to live what Cindy Tuttle calls, "A Vowed Life".

Womensselfesteem.com:

Highly recommends, JOYFUL SURRENDER to all educators and people young and old as a true Spiritual resource book and most of all a bright light that will guide you through all of the negative elements that continuously work to blind your Spirituality throughout your life!"

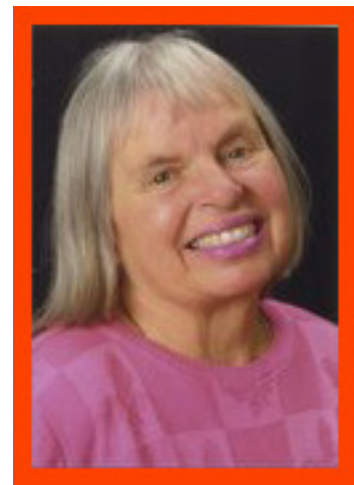
5 Stars – Amazon

Review by Dorothy Lafrinere (Daytona Beach, FL)

November 8, 2008

**[Joyful Surrender](#)
[by Cindy Tuttle](#)**

I wrote this book with the desire to share my love of God, and to provide some support for others who have the same desire. This book attempts to provide a new and creative way to live a vowed life. This path was helped by prayer, my spiritual director and a doctor in psychiatry. Most importantly, by the people with disabilities I have met along the way. I struggled with the idea of writing a book about myself, wondering if that was self-promotion or ego. I came to realize that my motivation was to tell how wonderful God is and what God has done for me. In the book I mention how I realized I was a beloved daughter of God. I also realized everyone is a beloved son or daughter of God, so I offer this book humbly and with much respect for every reader.



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[Amazon Purchase Link](#)

http://www.amazon.com/Joyful-Surrender-Cindy-Tuttle/dp/1606103164/ref=pd_bbs_sr_1?ie=UTF8&s=books&qid=1220296187&sr=1-1

Cindy has also had her poem titles “Singing God’s Love’ published on Eternal, Inc. and also published for Leaves Magazine.

Cindy is currently writing two novels, called ‘Cathy's Secret’ and ‘Carol's Story of Faith’.

Date Joined Books In Sync: June 24, 2009

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