

[Books In Sync Author Spotlight Interview With Martha A. Cheves](#)

[Books In Sync Author Martha A. Cheves Cooks Her Way Into Our Hearts With Her Books **Stir, Laugh, Repeat: Finding Joy While Playing In The Kitchen** And **Think With Your Taste Buds**.](#)



[Martha A. Cheves](#) is from Georgia, moved to North Carolina by way of Florida. Martha has been in Charlotte for 14 years and loves it.

The recipes in her book '[Stir, Laugh, Repeat](#)' are all tested by "Food Testers" of which I now have 24. They try a dish and rate it from 1-10 with only those scoring at least an 8 making the book.

Martha's website is a holding place for my 2nd book '[Stir, Laugh, Repeat](#)'.

Please visit Martha's website to find new recipes and tips. All recipes are easy, using common ingredients and according to my testers, great!

Q: What makes you proud to be a writer from Charlotte, NC?

A: I'm actually from the Atlanta, GA area but it wouldn't matter where I'm from nor where I live, I'm proud to be called an author.

Q: What or who inspired you to become a writer?

A: I never intended to be a published writer/author. When one daughter asked that before I died would I please write down my recipe for banana pudding and my other daughter told me she couldn't bring deviled eggs to Thanksgiving dinner because she couldn't peel them without tearing them up, I decided to work up a little booklet just for them with recipes they have always loved and tips they could use. The biggest problem came when I had to measure the ingredients and write them down instead of just pulling them out of my head and guessing at the amounts.

Q: When did you begin writing with the intention of becoming published?

A: As I said, I had no intentions of becoming an author but I still wanted my little booklet to look good for my kids. I'm a terrible speller so I asked a friend to proof some of my work for me. She came back telling me that I had to publish my little booklet. It was too good not to share it with others. My friend is a published author in poetry so she knew a little about the publishing industry. She insisted that I go online, find a publisher, contact them and send in my work. I tried but like being bad at spelling, I'm just as bad with computers. I told her my problem, she took the name of the publisher I had found and said she would see what she could do about contacting them. The next day I received a phone call from the Publisher wanting my manuscript. She didn't email them, she called them and told them about my book and how different it was from other cookbooks and they were interested.

Q: Did your environment or upbringing play a major role in your writing and why?

A: My upbringing and environment had everything to do with my writing. For one, I grew up as a BabyBoomer. We had responsibilities that most kids today are missing. We tended gardens, cleaned

and cooked. Sometimes the lessons we learned as we made mistakes through life weren't funny then but are now. As I entered my recipes into my little booklet for my kids, I would remember stories about the recipes. I would remember the mistakes I made while trying to create the perfect cake or the best chow chow. I started adding these stories to my recipes. This gave the recipes as well as the book character and a feeling of the author being human. It also gives young adults and even some of the older cooks something to laugh about and along with as they remember mistakes they made or mistakes they will probably make in the future.

Q: Do you come up with your title (s) before or after you write the manuscript (s)?

A: The title came after the manuscript was complete. I can't remember my original title but I did have enough foresight to Google my title to find that someone else had thought it good enough to use before me. My publisher then came up with a couple of titles and cover pictures. I polled everyone I knew asking which title and cover they would choose. I also noted the age of each person voting. Since my target age was 45 & below, that was the age group that I went with on title and cover selection. And it really fits. Stir (as in cooking), Laugh (along with the stories), Repeat (go on to the next page and do the same).

Q: Tell us why you write the genre (s) that you write?

A: I started cooking when I was 5 – 6 years old. I've always loved to cook and really wanted to open my own restaurant but I chose to have a family 1st. After my kids were grown I found myself too old to put in the hours required by owning a restaurant so the next best thing has really been my cookbook.

Q: Tell us your most rewarding experience while in the writing process?

A: My most rewarding experience wasn't while actually writing but when I received my acceptance letter and contract with my publisher. They were the only publisher I had contacted and the only one I had to contact. I understand that I'm extremely lucky with that and I thank God for allowing this accomplishment on my 1st try.

Q: Tell us your most negative experience while in the writing process?

A: I never experienced any negatives while writing. Everything seemed to flow as if it was meant to be.

Q: Tell us your most rewarding experience in your publishing journey?

A: My fondest memory came after my book was published and I went to my 1st book signing. I'll never forget the 1st customer that came up to me and asked for my autograph. I'll also never forget how it feels to sell out and have to bring books in from my own supply. This happened several times and it is a wonderful feeling.

Q: Tell us your most negative experience in your publishing journey?

A: Again, everything went so smoothly that I have no negative experiences.

Q: What one positive piece of advice would you give to other authors?

A: I live by Believing in myself. If you don't believe in yourself, no one will believe in you. Just don't give up.

Q: Who is your favorite author?

A: I used to be able to answer this with Patterson but now I have so many favorite authors. I only read new authors that I meet online. I love to read Porter, Whitfield, Barrington, Kennedy, the list goes on and on.

Q: What Format (s) are your books in: Print Only.....E-Book Only....or Both?

A: Stir, Laugh, Repeat is in print, e-book and audio

Current Book: My book is Stir, Laugh, Repeat.. Finding Joy While Playing in the Kitchen but most times you will find it only as Stir, Laugh, Repeat.

Q: What special projects are you working on now and what books do we have to look forward to in the future?

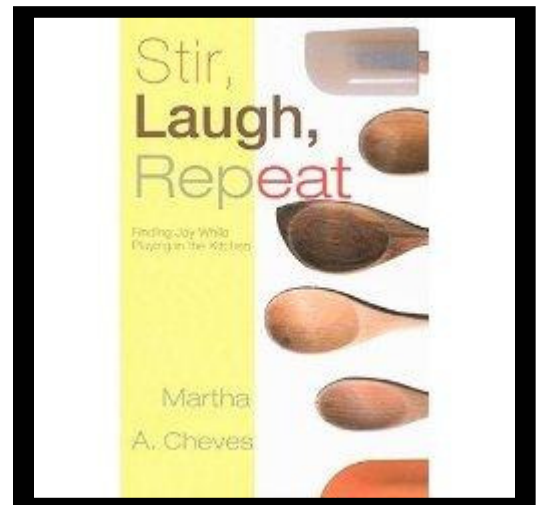
A: Right now I'm working on a series of cookbooks called "Think With Your Taste Buds." As with all of my recipes, I try to get the cook to think about what they are making and how they want it to taste. This can be accomplished by thinking with your taste buds. The 1st in the series will be desserts.

Q: Is there anything else that you would like to share with us?

A: I've made some wonderful friends through the internet. About 2 years ago I met a lady in Florida named Lillian. She and I hit it off due to our love of cooking. I had a couple of book signings near her last year so I had the pleasure of meeting her in person. She is even more wonderful in person and has now become my adopted sister. Lillian collects cookbooks and has over 1,000 with the dates going back into at least the 1800s. She will be co-authoring this series of books with me and again, we will make these books different. You will not only have my ingredient change suggestions but Lillian's as well. You will also be getting cooking stories from her plus, she has been coming up with "old" recipes that were originally used to make some of today's dishes. This is a lot of fun for both of us and really quite interesting. Again, these books will be ones that you will use as well as read.

[Stir, Laugh, Repeat: Finding Joy While Playing in the Kitchen](#) by [Martha A. Cheves](#)

Find out why her food testers celebrate these all-too-often occasions in 'Stir, Laugh, Repeat'. Following her passion for cooking and in hot pursuit of just the right taste, Martha Cheves composed one hundred recipes for cooks of all ages that are sure to satiate appetites of any kind. Try her quick and easy bacon, egg, and cheese mini pies for breakfast; rabbit food sandwich for a healthy, take-to-the-office lunch; mustard pork chops for a zesty twist that still satisfies the meat and potato man; and whip up her renowned banana pudding as a sweet end to a satisfying day. Sprinkled amongst timeless southern dishes are practical tips to help any beginner baker cook like a pro while learning from Martha's tales of kitchen woes. Feast on 'Stir, Laugh, Repeat' today and let your experimental imagination sizzle with delight as you try your hand at Martha's suggested variations.



Book Details:

Publisher: Tate Publishing (June 10, 2008)

ISBN-10: 1604628189

ISBN-13: 978-1604628180

Perfect Paperback: 156 Pages

Language: English

Product Dimensions: 8.1 x 5.2 x 0.7 inches

Genre: Cooking/Diet/Foods

Print Price: \$12.99

[Amazon Print Purchase Link](#)

http://www.amazon.com/Stir-Laugh-Repeat-Martha-Cheves/dp/1604628189/ref=sr_1_1?ie=UTF8&s=books&qid=1275194196&sr=1-1

Kindle Price: \$9.99

Format: Kindle Edition

File Size: 713 KB

Print Length: 156 pages

Publisher: Tate Publishing (June 10, 2008)

Sold by: Amazon Digital Services

Language: English

ASIN: B004CYE5TM

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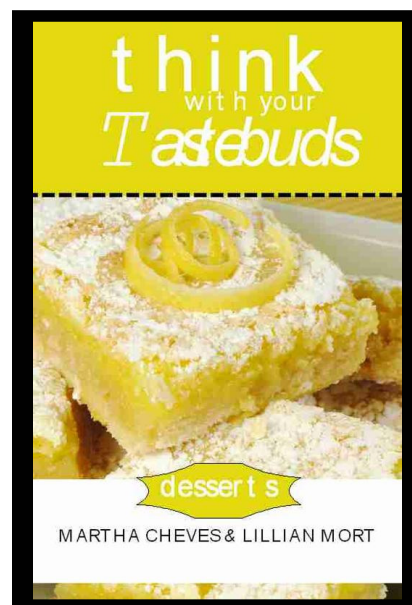
[Martha A. Cheves Website](#)

<http://stirlaughrepeatcookbook.blogspot.com/>

Introducing: [Think With Your Taste Buds](#) by [Martha A. Cheves and Lillian Mort](#)

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The recipes are all tested by "Food Testers" of which I now have 24. They try a dish and rate it from 1-10 with only those scoring at least an 8 making the book.



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[Cookbooks](#)

<http://www.blogger.com/profile-find.g?t=i&q=cookbooks>

[Reading](#)

<http://www.blogger.com/profile-find.g?t=i&q=reading>

[Creating New Recipes](#)

<http://www.blogger.com/profile-find.g?t=i&q=creating+new+recipes>

Martha's Favorite Books:

[Anything by James Patterson and Patricia Cornwell](#)

Martha's Blogs:

[A Book and A Dish](#)

<http://marthaskitchenkorner.blogspot.com/>

[Stir, Laugh, Repeat](#)

<http://stirlaughrepeat.blogspot.com/>

[Martha's Recipe Cabinet](#)

<http://marthasrecipecabinet.blogspot.com/>

[Stir, Laugh, Repeat - The Cookbook](#)

<http://stirlaughrepeatcookbook.blogspot.com/>

[Recipes By Cindy](#)

<http://recipesbycindy.blogspot.com/>

[Martha A. Cheves Website](#)

<http://stirlaughrepeatcookbook.blogspot.com/>

Martha A. Cheves Joined Books In Sync On May 20, 2010

[Martha A. Cheves Author's Webpage At Books In Sync](#)

<http://www.booksinsync.com/marthaacheves.html>

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